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ARTÍCULO / ARTICLE	Impact Factor (2010)
<p><u>1.</u> Salas-Salvadó J, Bulló M, Babio N, Martínez-González MA, Ibarrola-Jurado N, Basora J, Estruch R, Covas MI, Corella D, Aros F, Ruiz-Gutiérrez V, Ros E.</p> <p>Reduction in the Incidence of type 2-Diabetes with the Mediterranean Diet: Results of the PREDIMED-Reus nutrition intervention randomized trial.</p> <p>Diabetes Care 2011 ; 34:14-9. PMID: 20929998</p>	7,141
<p><u>2.</u> Sánchez-Villegas A, Verberne LDM, De Irala J, Ruíz-Canela M, Toledo E, Serra-Majem L, Martínez-González MA.</p> <p>Dietary Fat Intake and the Risk of Depression: the SUN Project.</p> <p>PLOs ONE 2011 ; 6:e16268. PMID: 21298116</p>	4,411
<p><u>3.</u> Gomez-Huelgas R, Mancera-Romero J, Bernal-Lopez MR, Jansen-Chaparro S, Baca-Osorio AJ, Toledo E, Perez-Gonzalez R, Martínez-González MA.</p> <p>Prevalence of cardiovascular risk factors in an urban adult population from southern Spain. IMAP Study (Multidisciplinary Intervention in Primary Care).</p> <p>International Journal of Clinical Practice 2011 ; 65:35-40. PMID: 21192342</p>	2,309
<p><u>4.</u> Martínez N, Urpi-Sarda M, Martínez-González MA, Andrés-Lacueva C, Mitjavila MT.</p> <p>Dealcoholised beers reduce atherosclerosis and expression of adhesion molecules in apoE-deficient mice.</p> <p>British Journal of Nutrition 2011 ; 105:721-30. PMID: 21134332</p>	3,072

<p><u>5.</u> Martínez-González MA, García-López M, Bes-Rastrollo M, Toledo E, Martínez-Lapiscina E, Delgado-Rodríguez M, Vazquez Z, Benito S, Beunza JJ.</p> <p>Mediterranean diet and the incidence of cardiovascular disease: A Spanish cohort.</p> <p>Nutrition Metabolism And Cardiovascular Diseases 2011 ; 21:237-44. PMID: 20096543</p>	3,438
<p><u>6.</u> Marí-Sanchis A, Beunza JJ, Bes-Rastrollo M, Toledo E, Basterra-Gortari FJ, Serrano-Martínez M, Martínez-González MA.</p> <p>Consumo de aceite de oliva e incidencia de diabetes mellitus en la cohorte española Seguimiento Universidad de Navarra (SUN).</p> <p>Nutrición Hospitalaria 2011 ; 26:137-143. PMID: 21519740</p>	0,926
<p><u>7.</u> Schröder H, Fitó M, Estruch R, Martínez-González MA, Corella D, Salas-Salvado J, Lamuela-Raventós RM, Ros R, Salaverría I, Fiol M, Lapetra J, Vinyoles E, Gómez-Gracia E, Lahoz C, Serra-Majem L, Pintó X, Ruiz-Gutierrez V, Covas MI, on behalf of the PREDIMED Study Investigators.</p> <p>Validation of a short screener for assessing Mediterranean Diet adherence among older Spanish men and women.</p> <p>Journal of Nutrition 2011 ; 141:1140-5. PMID: 21508208</p>	4,295
<p><u>8.</u> Ruiz-Canela M, Martínez-González MA.</p> <p>Olive oil in the primary prevention of cardiovascular disease.</p> <p>Maturitas 2011 ; 68:245-50. PMID: 21216542</p>	2,286
<p><u>9.</u> Diez-Espino J, Buil-Cosiales P, Serrano-Martínez M, Toledo E, Salas-Salvado J, Martínez-González MA.</p> <p>Adherence to the Mediterranean diet in patients with type 2 diabetes mellitus and HBA1c Level.</p> <p>Annals of Nutrition and Metabolism 2011 ; 58:74-8. PMID: 21430378</p>	2,173

<p><u>10.</u> Basterra-Gortari FJ, Beunza JJ, Bes-Rastrollo M, Toledo E, García-López M, Martínez-González MA.</p> <p>Tendencia creciente de la prevalencia de obesidad mórbida en España: de 1,8 a 6,1 por mil en 14 años.</p> <p>Revista Española de Cardiología 2011 ; 64:424-426. PMID: 21411209</p>	2,157
<p><u>11.</u> Bes-Rastrollo M, Sabaté J, Jaceldo-Siegl K, Fraser GE.</p> <p>Validation of self-reported anthropometrics in the Adventist Health Study 2.</p> <p>BMC Public Health 2011 ; 11:213. PMID: 21466678</p>	2,364
<p><u>12.</u> Nova E, Viadel B, Wärnberg J, Carreres JE, Marcos A.</p> <p>Beneficial effects of a synbiotic supplement on self-perceived gastrointestinal well-being and immunoinflammatory status of healthy adults.</p> <p>Journal of Medicinal Food 2011 ; 14:79-85. PMID: 21244240</p>	1,461
<p><u>13.</u> Martínez-Gómez D, Gómez-Martínez S, Wärnberg J, Welk GJ, Marcos A, Veiga OL.</p> <p>Convergent validity of a questionnaire for assessing physical activity in Spanish adolescents with overweight.</p> <p>Medicina Clínica (Barcelona). 2011 ; 136:13-5. PMID: 21615652</p>	1,413
<p><u>14.</u> Vérier CM, Duhamel A, Béghin L, Diaz LE, Warnberg J, Marcos A, Gómez-Martínez S, Manios Y, De Henauw S, Sjöström M, Moreno LA, Kersting M, Breidenassel C, Molnar D, Artero EG, Ferrari M, Widhalm K, Turck D, Gottrand F; on behalf of the HELENA study group.</p> <p>Breastfeeding in Infancy Is Not Associated with Inflammatory Status in Healthy Adolescents.</p> <p>Journal of Nutrition 2011 ; 141:411-7. PMID: 21248197</p>	4,295

<p><u>15.</u> De Cocker K, Ottevaere C, Sjöström M, Moreno LA, Wärnberg J, Valtueña J, Manios Y, Dietrich S, Mauro B, Artero EG, Molnár D, Hagströmer M, Ruiz JR, Sarri K, Kafatos A, Gottrand F, De Henauw S, Maes L, De Bourdeaudhuij I.</p> <p>Self-reported physical activity in European adolescents: results from the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) study.</p> <p>Public Health Nutrition 2011 ; 14:246-54. PMID: 20236565</p>	2,075
<p><u>16.</u> Romeo J, Wärnberg J, García-Mármol E, Rodríguez-Rodríguez M, Diaz LE, Gomez-Martínez S, Cueto B, López-Huertas E, Cepero M, Boza JJ, Fonollá J, Marcos A.</p> <p>Daily consumption of milk enriched with fish oil, oleic acid, minerals and vitamins on cell adhesion molecules in healthy children.</p> <p>Nutrition Metabolism And Cardiovascular Diseases 2011 ; 21:113-20. PMID: 19939650</p>	3,438
<p><u>17.</u> Romeo J, Martinez-Gomez D, Diaz LE, Gómez-Martinez S, Marti A, Martin-Matillas M, Puertollano MA, Veiga OL, Martinez JA, Wärnberg J, Zapatera B, Garagorri JM, Morandé G, Campoy C, Moreno LA, Marcos A; EVASYON Study Group.</p> <p>Changes in cardiometabolic risk factors, appetite-controlling hormones and cytokines after a treatment program in overweight adolescents: preliminary findings from the EVASYON study.</p> <p>Pediatric Diabetes 2011 ; 12:372-380. PMID: 21615652</p>	2,171
<p><u>18.</u> Zazpe I, Beunza JJ, Bes-Rastrollo M, Wärnberg J, de la Fuente-Arrillaga C, Benito S, Vázquez Z, Martínez-González MA.</p> <p>Egg consumption and risk of cardiovascular disease in the SUN project.</p> <p>European Journal of Clinical Nutrition 2011 ; 65:676-82. PMID: 21427738</p>	2,563
<p><u>19.</u> Martínez-González MA, Bes-Rastrollo M.</p> <p>Nut consumption, weight gain and obesity: epidemiological evidence.</p> <p>Nutrition Metabolism And Cardiovascular Diseases 2011 ; 21 Suppl 1:S40-5. PMID: 21216574</p>	3,438

<p><u>20.</u> Núñez-Córdoba JM, Martínez-González MA.</p> <p>Antioxidant vitamins and cardiovascular disease.</p> <p>Current Topics in Medicinal Chemistry 2011 ; 11:1861-9. PMID: 21506930</p>	4,112
<p><u>21.</u> Medina-Remón A, Zamora-Ros R, Rotchés-Ribalta M, Andres-Lacueva C, Martínez-González MA, Covas MI, Corella C, Salas-Salvadó J, Gómez-Gracia E, Ruiz-Gutiérrez V, Lapetra J, Fiol M, Arós F, Saéz G, Ros E, Serra-Majem L, Pinto X, Estruch R, Warnberg J, Lamuela-Raventosa RM, on behalf of the PREDIMED Study Investigators.</p> <p>Total polyphenol excretion and blood pressure in subjects at high cardiovascular risk.</p> <p>Nutrition Metabolism and Cardiovascular Diseases 2011 ; 21:323-31. PMID: 20167460</p>	3,438
<p><u>22.</u> Solá R, Fitó M, Estruch R, Salas-Salvadó J, Corella D, de La Torre R, Muñoz MA, Del Carmen López-Sabater M, Martínez-González MA, Arós F, Ruiz-Gutierrez V, Fiol M, Casals E, Wärnberg J, Buil-Cosiales P, Ros E, Konstantinidou V, Lapetra J, Serra-Majem L, Covas MI on behalf of the PREDIMED Study Investigators.</p> <p>Effect of a traditional Mediterranean diet on apolipoproteins B, A-I, and their ratio: A randomized, controlled trial.</p> <p>Atherosclerosis 2011; 218:174-80. PMID: 21640348</p>	4,086
<p><u>23.</u> Murie-Fernandez M, Irimia P, Toledo E, Martínez E, Buil-Cosiales P, Serrano-Martínez M, Ruiz-Gutiérrez V, Ros E, Estruch R, Martínez-González MA.</p> <p>Carotid intima-media thickness changes with Mediterranean diet: a randomized trial (PREDIMED-Navarra).</p> <p>Atherosclerosis 2011;219:158-62. PMID: 21802081</p>	4,086
<p><u>24.</u> Sánchez-Villegas A, Galbete C, Martínez-González MA, Martinez JA, Razquin C, Salas-Salvadó J, Estruch R, Buil-Cosiales P, Martí A.</p> <p>The effect of the Mediterranean Diet on plasma Brain Derived Neurotrophic Factor (BDNF) levels: the PREDIMED-NAVARRA randomized trial.</p> <p>Nutritional Neuroscience 2011; 14:195-201. PMID: 22005283</p>	1,301

<p><u>25.</u> Sayon-Orea C, Bes-Rastrollo M, Nuñez-Cordoba JM, Basterra-Gortari FJ, Beunza JJ, Martinez-Gonzalez MA.</p> <p>Type of alcoholic beverage and incidence of overweight/obesity in a Mediterranean cohort: The SUN project.</p> <p>Nutrition 2011 ; 27:802-8. PMID: 21146360</p>	2,726
<p><u>26.</u> Martínez-González MA, de la Fuente-Arrillaga C, López-del-Burgo C, Vázquez-Ruiz Z, Benito S, Ruiz-Canela M.</p> <p>Low consumption of fruits and vegetables and risk of chronic disease: a review of the epidemiological evidence and temporal trends among Spanish graduates.</p> <p>Public Health Nutrition 2011 ; 4:2309-15. PMID: 22166189</p>	2,075
<p><u>27.</u> Toledo E, Lopez-del Burgo C, Ruiz-Zambrana A, Donazar M, Navarro-Blasco I, Martínez-González MA, de Irala J.</p> <p>Dietary patterns and difficulty conceiving: a nested case-control study.</p> <p>Fertility and Sterility 2011 ; 96:1149-53. PMID: 21943725.</p>	3,958
<p><u>28.</u> Barrio-Lopez MT, Bes-Rastrollo M, Beunza JJ, Fernandez-Montero A, Garcia-Lopez M, Martinez-Gonzalez MA.</p> <p>Validation of Metabolic Syndrome using medical records in the SUN cohort.</p> <p>BMC Public Health 2011 ; 11:867. PMID: 22085407</p>	2,364
<p><u>29.</u> Ruano C, Henriquez P, Bes-Rastrollo M, Ruiz-Canela M, del Burgo CL, Sánchez-Villegas A.</p> <p>Dietary fat intake and quality of life: the SUN project.</p> <p>Nutrition Journal 2011 ;10:121. PMID: 22047452</p>	2,560

<p><u>30.</u> Nöthlings U, Boeing H, Maskarinec G, Sluik D, Teucher B, Kaaks R, Tjønneland A, Halkjaer J, Dethlefsen C, Overvad K, Amiano P, Toledo E, Bendinelli B, Grioni S, Tumino R, Sacerdote C, Mattiello A, Beulens JW, Iestra JA, Spijkerman AM, van der A DL, Nilsson P, Sonestedt E, Rolandsson O, Franks PW, Vergnaud AC, Romaguera D, Norat T, Kolonel LN.</p> <p>Food intake of individuals with and without diabetes across different countries and ethnic groups.</p> <p><i>European Journal of Clinical Nutrition</i> 2011 ; 65:635-41. PMID: 21346715</p>	2,563
<p><u>31.</u> Alonso A, Lopez FL, Matsushita K, Loehr LR, Agarwal SK, Chen LY, Soliman EZ, Astor BC, Coresh J.</p> <p>Chronic kidney disease is associated with the incidence of atrial fibrillation: the Atherosclerosis Risk in Communities (ARIC) study.</p> <p><i>Circulation</i> 2011 ; 123:2946-53. PMID: 21646496</p>	14,432
<p><u>32.</u> Huxley RR, Filion KB, Konety S, Alonso A.</p> <p>Meta-analysis of cohort and case-control studies of type 2 diabetes mellitus and risk of atrial fibrillation.</p> <p><i>American Journal of Cardiology</i> 2011 ; 108:56-62. PMID: 21529739</p>	3,681
<p><u>33.</u> Huxley RR, Lopez FL, Folsom AR, Agarwal SK, Loehr LR, Soliman EZ, Macle hose R, Konety S, Alonso A.</p> <p>Absolute and attributable risks of atrial fibrillation in relation to optimal and borderline risk factors: the Atherosclerosis Risk in Communities (ARIC) study.</p> <p><i>Circulation</i> 2011 ; 123:1501-8. PMID: 21444879</p>	14,432
<p><u>34.</u> Chamberlain AM, Agarwal SK, Folsom AR, Soliman EZ, Chambless LE, Crow R, Ambrose M, Alonso A.</p> <p>A clinical risk score for atrial fibrillation in a biracial prospective cohort (from the Atherosclerosis Risk in Communities [ARIC] study).</p> <p><i>American Journal of Cardiology</i> 2011 ; 107:85-91. PMID: 21146692</p>	3,681

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<p><u>36.</u> Sayon-Orea C, Martínez-González MA, Bes-Rastrollo M.</p> <p>Alcohol consumption and body weight: a systematic review.</p> <p><i>Nutrition Reviews</i> 2011 ; 69:419-31. PMID: 21790610</p>	4,077
<p><u>37.</u> Fernández-Montero A, Beunza JJ, Bes-Rastrollo M, Barrio MT, de la Fuente-Arrillaga C, Moreno-Galarraga L, Martínez-González MA.</p> <p>Validación de los componentes del síndrome metabólico auto-declarados en un estudio de cohortes.</p> <p><i>Gaceta Sanitaria</i> 2011 ;25:303-7. PMID: 21543137</p>	1,114
<p><u>38.</u> Dalal S, Beunza JJ, Volmink J, Adebamowo C, Bajunirwe F, Njelekela M, Mozaffarian D, Fawzi W, Willett W, Adami HO, Holmes MD.</p> <p>Non-communicable diseases in sub-Saharan Africa: What we know now.</p> <p><i>International Journal of Epidemiology</i> 2011 ; 40:885-901. PMID: 21527446</p>	5,759
<p><u>39.</u> Salas-Salvadó J, Martínez-González MÁ, Bulló M, Ros E.</p> <p>The role of diet in the prevention of type 2 diabetes.</p> <p><i>Nutrition Metabolism And Cardiovascular Diseases</i> 2011 ; 21 Suppl 2:B32-48. PMID: 21745730</p>	3,438

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<p><u>40.</u> Moleres A, Ochoa MC, Rendo-Urteaga T, Martínez-González MA, Azcona-Sanjulián MC, Martínez JA, Martí A.</p> <p>Dietary fatty acid distribution modifies obesity risk linked to the rs9939609 polymorphism of the fat mass and obesity-associated gene in a Spanish children case-control study.</p> <p>British Journal of Nutrition 2011 :1-6 [Epub ahead of print] PMID: 21798115</p>	3,072
<p><u>41.</u> Lutsey PL, Rasmussen-Torvik LJ, Pankow JS, Alonso A, Smolenski DJ, Tang W, Coresh J, Volcik KA, Ballantyne CM, Boerwinkle E, Folsom AR.</p> <p>Relation of Lipid Gene Scores to Longitudinal Trends in Lipid Levels and Incidence of Abnormal Lipid Levels Among Individuals of European Ancestry: The Atherosclerosis Risk in Communities (ARIC) Study.</p> <p>Circulation-Cardiovascular Genetics 2011 ; [Epub ahead of print]. PMID: 22057756</p>	4,043
<p><u>42.</u> Martínez-Ramírez MJ, Delgado-Martínez AD, Ruiz-Bailén M, Fuente CD, Martínez-González MA, Delgado-Rodríguez M.</p> <p>Protein intake and fracture risk in elderly people: A case-control study.</p> <p>Clinical Nutrition 2011 ; [Epub ahead of print]. PMID: 22182947</p>	3,410
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<p><u>44.</u> Henríquez P, Ruano C, de Irala J, Ruiz-Canela M, Martínez-González MA, Sánchez-Villegas A.</p> <p>Adherence to the Mediterranean dietary pattern and quality of life in the SUN project.</p> <p>European Journal of Clinical Nutrition 2011 ; [Epub ahead of print]. PMID: 21847137</p>	2,563

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<p><u>46.</u> Sanchez-Villegas A, Ara I, Dierssen T, de la Fuente C, Ruano C, Martínez-González MA.</p> <p>Physical activity during leisure time and quality of life in a Spanish cohort: SUN (Seguimiento Universidad de Navarra) Project.</p> <p><i>British Journal of Sports Medicine</i> 2011 ; [Epub ahead of print]. PMID: 21498880</p>	3,545