

‘Tenemos que hablar’ Serious Illness Conversation Workshop

RESEARCH GROUP IN PALLIATIVE CARE ATLANTES
INSTITUTE FOR CULTURE AND SOCIETY. UNIVERSIDAD DE NAVARRA
DEPARTMENT OF PALLIATIVE MEDICINE. CLÍNICA UNIVERSIDAD DE NAVARRA

PLACE, DATE AND TIMING

March 22th-23rd, 2 different options

► 1st Edition: Friday 22th (15:00– 19:00)

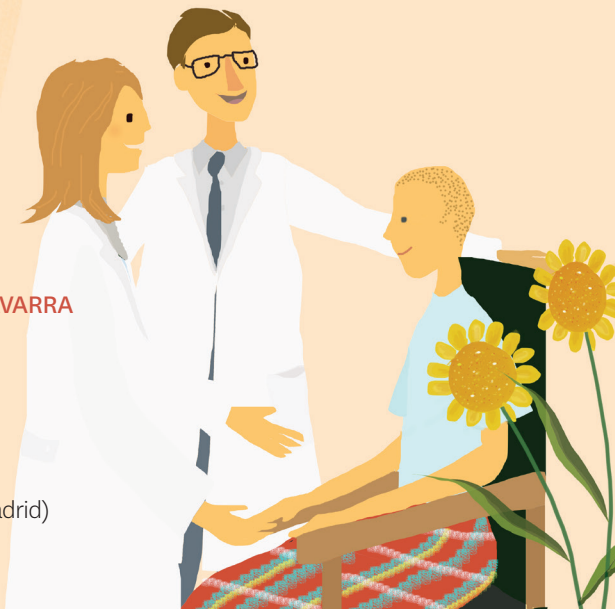
► 2nd Edition: Saturday 23rd, (10:00– 14:00)

Campus Madrid University of Navarra

Edificio Alumni (right next to the venue of Clínica Universidad de Navarra in Madrid)

Calle Marquesado de Sta. Marta, 3, 28022 MADRID

<https://goo.gl/maps/cz6soZZDNNF2>



PRESENTATION

The Serious Illness Care Program was created by Ariadne Labs, a joint health system innovation center of Brigham and Women’s Hospital and Harvard T.H. Chan School of Public Health. The goal of Ariadne Labs is to save lives and reduce suffering by creating scalable solutions that improve health care delivery at the most critical moments for people everywhere. The team includes palliative care experts.

The Serious Illness Conversation Workshop offers a framework that enables clinicians to explore topics crucial to gaining a full understanding about what is most important to patients living with serious life-limiting illness. The aim of the program is to teach and support clinicians to have these important conversations with their patients.

This Serious Illness Conversation Workshop is the backbone of the Serious Illness Care Program of ARIADNE LABS. The current iteration consists of steps to elicit important information from your patients about their goals and values. The steps include: setting up the conversation, assessing the patient’s illness understanding and information preferences, sharing prognosis, exploring key topics, and closing and documenting the conversation.

The final goal is for every seriously ill patient to have more, better and earlier conversations with their clinicians about their goals, values and priorities that will inform their medical decision making and future care.

FACULTY



Carole Robinson, the workshop Director, is a professor of Nursing from the University of British Columbia and Research Fellow at the **Research Group in Palliative Care ATLANTES** of University of Navarra. She is an experienced teacher who has been trained under the Serious Illness Care Program and is fully certified as a master teacher.



Carlos Centeno is a palliative care clinician at the Clínica Universidad de Navarra and the Director of **Research Group in Palliative Care ATLANTES**. He will act as facilitator.



Marina Martínez is clinical psychologist at the Clínica Universidad de Navarra and professor of Clinical Communication at the Faculty of Medicine of University of Navarra. She will be a facilitator.



Maria Arantzamendi is a research nurse at the **Research Group in Palliative Care ATLANTES** of University of Navarra and professor there. She will be a facilitator.



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CONTENT AND DYNAMIC

The workshop will consist of a short didactic session where the rationale and development of the evidence-based program are explained. In addition, a Serious Illness Conversation will be demonstrated. Most important is that participants will have the opportunity to practice having a Serious Illness Conversation with feedback from skilled facilitators.

POTENTIAL PARTICIPANTS

- Experienced Oncologists and Oncologists in training (Residents).
- Other experienced specialists with frequent contact with Serious Illness.
- Residents from any Clinical Specialty related with Serious Illness.
- Clinical Nurses with frequent contact with Serious Illness (particularly Oncology Nurses).
- Palliative Care professionals.
- Clinical Psychologists.
- Master Students of Clinical Psychology.
- Master Students of Palliative Care.
- Any professional interested in communication issues in serious illness.

LIMIT OF PARTICIPANTS

The maximum number of participants per session is 15 persons. A confirmation will be communicated immediately after the inscription.

LANGUAGE

Workshop will be taught mainly in English, with the main teacher speaking in English understanding Spanish. The workshop will also have Spanish facilitators who will assist

with practicing the skills in Spanish. English knowledge at conversation level is necessary to have a fruitful experience.

MORE INFORMATION

- **About Research Group in Palliative Care ATLANTES:** <https://www.unav.edu/en/web/instituto-cultura-y-sociedad/proyecto-atlantes>
- **About the SERIOUS ILLNESS PROGRAM of ARIADNE, University of Harvard:** <https://www.ariadnelabs.org/areas-of-work/serious-illness-care/>
- **About UNIVERSITY OF NAVARRA CAMPUS MADRID:** <https://madrid.unav.edu/>

ORGANIZED BY

Research Group in Palliative Care ATLANTES

Institute for Culture and Society

University of Navarra

IDISNA, Instituto de Investigación Sanitaria de Navarra

With the collaboration of:

CLINICA UNIVERSIDAD DE NAVARRA

Department of Symptoms Control and Palliative Medicine

Department of Oncology

REGISTRATION

- **Medical Specialists and clinical Psychologists:** 100 €
- **Nursing professionals and junior doctors in training (residents):** 60 €
- **Master students:** 30 €
- **IBAN:** ES49 2100 2173 8502 0049 3647
- **Concept:** Name and surname - 61047751
- **Discounts:** 50% for University of Navarra employees.
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E-mail: eberjon@unav.es



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