



Research Project Proposal
Academic year 2019-2020

Project Nº 38

Title: *Metabolic changes associated with bariatric surgery*

Department/ Laboratory *Metabolic Research Laboratory, Department of Endocrinology & Nutrition, Clínica Universidad de Navarra*

Director: Sara Becerril

Contact: sbecman@unav.es

Codirector: Gema Frühbeck

Contact: gfruhbeck@unav.es

Summary Background: Obesity has emerged as a public health problem worldwide associated with substantial morbidity and mortality. The surgical treatment of obesity (bariatric surgery) is the most effective treatment modality of obesity, resulting in a substantial and sustained weight loss.

Objective: To examine the impact on metabolic changes of two bariatric surgery procedures, namely sleeve gastrectomy (SG) and mini-gastric bypass (MGB), comparing the effectiveness of these bariatric procedures on weight loss and metabolic profile.

Material and Methods: Four-week-old male Wistar rats fed a normal diet (ND) or a high-fat diet (HFD) are submitted to surgical [sham surgery, SG and MGB] or dietary interventions [fed *ad libitum* a normal diet (ND) or a high-fat diet (HFD) or pair-fed to the amount of food eaten by SG or MGB groups]. Body weight, food intake, fat pads weight as well as metabolic profile will be analyzed 4 weeks after surgical or dietary interventions.

The following techniques will be used:

Experimental handling of rats.

Biochemical and hormonal (adipokines) determinations.

Molecular techniques for gene expression analysis:

- RNA isolation from adipose tissue and 3T3-L1 adipocytes.
- Nucleic acid and protein quantification and quality assessment.
- Analysis of gene expression by Real-time PCR.

Molecular techniques for protein expression analysis:

- Protein extraction from adipose tissue.
- Protein quantification: Bradford protein assay.
- Analysis of protein expression by Western-blot.

Immunohistochemical analysis of metabolites, hormones and cytokines.

Cellular isolation from adipose tissue.

Adipocyte 3T3-L1 cell cultures.

yes	<input checked="" type="checkbox"/>	Does the project include the possibility of supervised animal manipulation to complete the training for animal manipulator?
no	<input type="checkbox"/>	